# REGION 1 PREPAREDNESS BRIEF

November 23, 2026

Reporting period November 16-23, 2026

**CT / ME / MA / NH / RI / VT**

## ACTION-WORTHY CHANGES

### No material new action-worthy changes verified

No new preparedness funding deadline or finalized requirement was verified in the public sources reviewed. This is not a finding that no changes occurred.

## USEFUL CONTEXT

**01**

### Workforce and data modernization

CDC update November 16. PHIG findings include 46% of recipients supporting preparedness and response. Most workforce/capability figures reflect November 2025 data, not this week.

**Planning inference: use as a CQI comparison resource, not a new award or grant condition.**

**02**

### Respiratory activity is increasing

CDC update November 20. Acute respiratory illness is low but increasing nationally. Influenza continues to rise in many areas. COVID-19 remains low nationally.

**Planning inference: check local trends and holiday staffing before adjusting surge posture.**

## SOURCE LINKS


1. CDC - Strengthening America's Health Departments
2. CDC - Respiratory Illnesses Data Channel



Public-source scan, not exhaustive surveillance. Planning suggestions do not imply local decisions or approvals. Agency pages may change after review.